Confirmed or Suspected COVID-19 in the Obstetric Healthcare Setting

Upon patient's arrival to the hospital:

- Patient will be masked, and

- Infection Prevention and Engineering will be notified.

- Engineering will set up L&D room 8 for negative pressure. Room 7 will be used for a 2nd confirmed COVID-19 patient or a PUI (person under investigation) for COVID-19.

Upon arrival to L&D

- Patient will be placed in the negative pressure room with appropriate airborne and special enteric precaution signage and a stocked isolation caddy.

During L&D hospitalization

- Limit access of visitors/support person prior to birth.

Considerations for babies

- Babies born to mothers who are PUIs or have confirmed COVID-19 will be treated as PUIs.

- Visitation will be limited to a healthy caregiver.

Mother/Baby Contact

- "Rooming in" of the newborn will be utilized, but a distance of 6 feet should remain between the mother and child. Consider a physical barrier (curtain, temporary wall, etc.) if possible.

- The decision to discontinue temporary separation of the mother from her baby should be made on a case-by-case basis in consultation with clinicians, infection prevention and control specialists, and public health officials.

Breastfeeding

- For mothers who intend on breastfeeding, a dedicated breast pump (if possible) should be provided.

- Mothers should practice hand hygiene prior to expressing breast milk.

- Expressed milk should be fed to the newborn by a healthy caregiver.

- After each pumping session, all parts that come in contact with the breast milk should be thoroughly washed and the entire pump should be disinfected per the manufacturer's guidelines.

Disposition

- Patients may be discharged whenever clinically indicated.

- Isolation should be maintained at home if the patient returns home before the decision is made to discontinue Transmission-Based Precautions.

https://www.cdc.gov/coronavirus/2019-ncov/hcp/inpatient-obstetric-healthcare-guidance.html